

We have come to the end of Term 1 2022/2023 academic session. It has been an exciting term for the school and learners, a lot of happy faces and creative learning every day. We have enjoyed watching our little ones absorb their learning with such enthusiasm. Thank you parents, for providing the best education for your child.



SUGAR FREE WEEK

We had so much fun learning about different fruits as sources of vitamins, carbohydrates and nourishment. The whole week was designed to incorporate and teach them the importance of fruits and vegetables over excessively sugary snacks. Their taste buds were exposed to a variety of tastes and consistencies with our sugar free fruit menu for a whole week!

We appreciate our parents for complying with the menu and packing fruits bowls, smoothies, fruit kebab and even whole fruits for our fruit juice party. Dear parents, we encourage you to acculturate a sugar free lifestyle, for it has many benefits. Go Nature!



NURSERY RHYME WEEK

World Nursery Rhyme Week is an international celebration promoting the importance of nursery rhymes in early childhood development. This year's event took place from the 14th - 18th November, 2022. The children enjoyed exploring different well known rhymes this week. Not only do rhymes help young children develop their language, communication and listening skills from an early age, they are a powerful learning source in early literacy. They help children to become interested in the rhythm and patterns of language and this is one of the best ways to prepare a child for reading.



The big ship sails...



We cannot overemphasize the importance of nursery rhymes in the early years' foundation stage, and that is why that week at GAA, we went all out to learn with different resources and a variety of nursery rhyme themes every day. Monday kicked off with "The Big Ship Sails", when our little learners bobbed their heads up and down and worked on their fine motor skills by mimicking the waves of the sea.

1, 2, 3, 4, 5 Once I caught a fish alive

On Tuesday they sang along to "1-2-3-4-5 Once I Caught a Fish Alive"! There was a pretend fishing activity; some learners also made a big fish with some Legos.





Five Little Speckled Frogs

Wednesday was fun and educative with "Five Little Speckled Frogs". We made reference to the lifecycle of a frog and also played around putting together a frog puzzle.



B-I-N-G-O

We took our learners through B-I-N-G-O on Thursday and we ended the week with a grand finale singing "Twinkle Twinkle Little Star" on Friday. Our children learnt that stars are large balls of burning gas in space. Can you imagine how experiential this week was for our little learners?

Twinkle Twinkle little star.



Nurses' corner

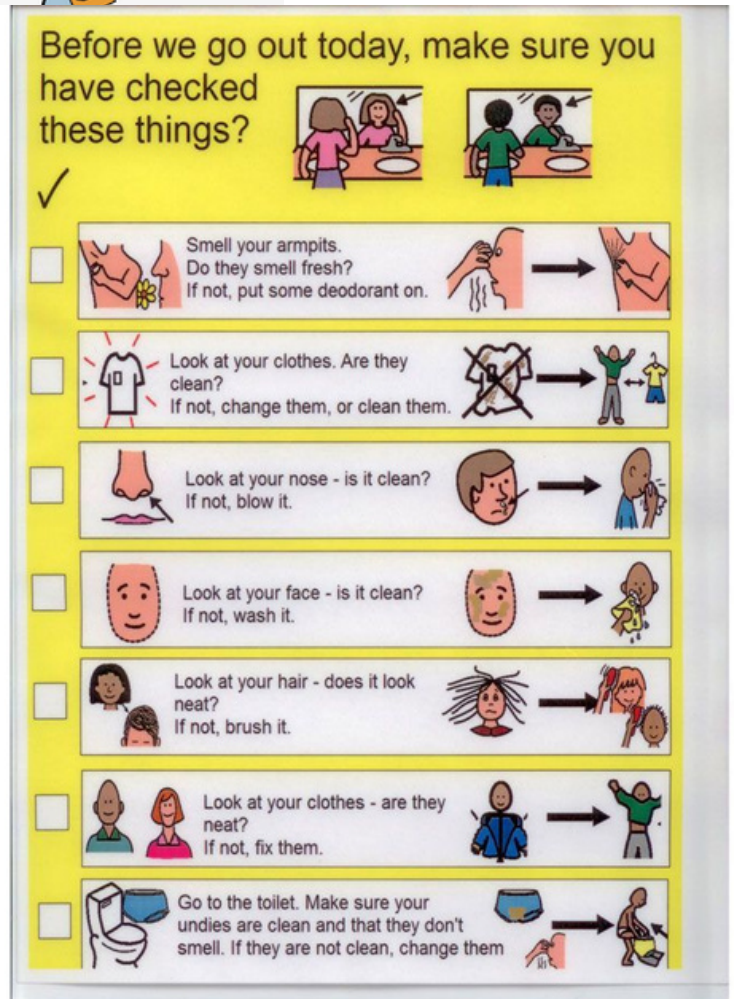


Personal hygiene is an essential practice for every human being to attain utmost healthy living. You must engage in them daily and dutifully. Personal hygiene includes practices that improve well-being and prevent diseases such as bathing, brushing, grooming etc.

The importance of personal hygiene cannot be overemphasized. It prevents disease, promotes a good outlook on the individual, promotes mental health, boosts self-confidence and self-esteem.

In the absence of good hygiene one can be predisposed to: skin infection, loss of hair, bad breath and body odour.

Use this daily checklist to ensure you have a good hygiene practice daily.



End of Year Party; let's go country !



To close the activities for the year, we had an in-house end of year party themed: Lets go country. It was a "yee-haw" exciting day of fun and non-stop entertainment from sun down to sunset.



As the curtain falls on the Year 2022, we wish you a blissful rest of the year. Happy holidays!



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